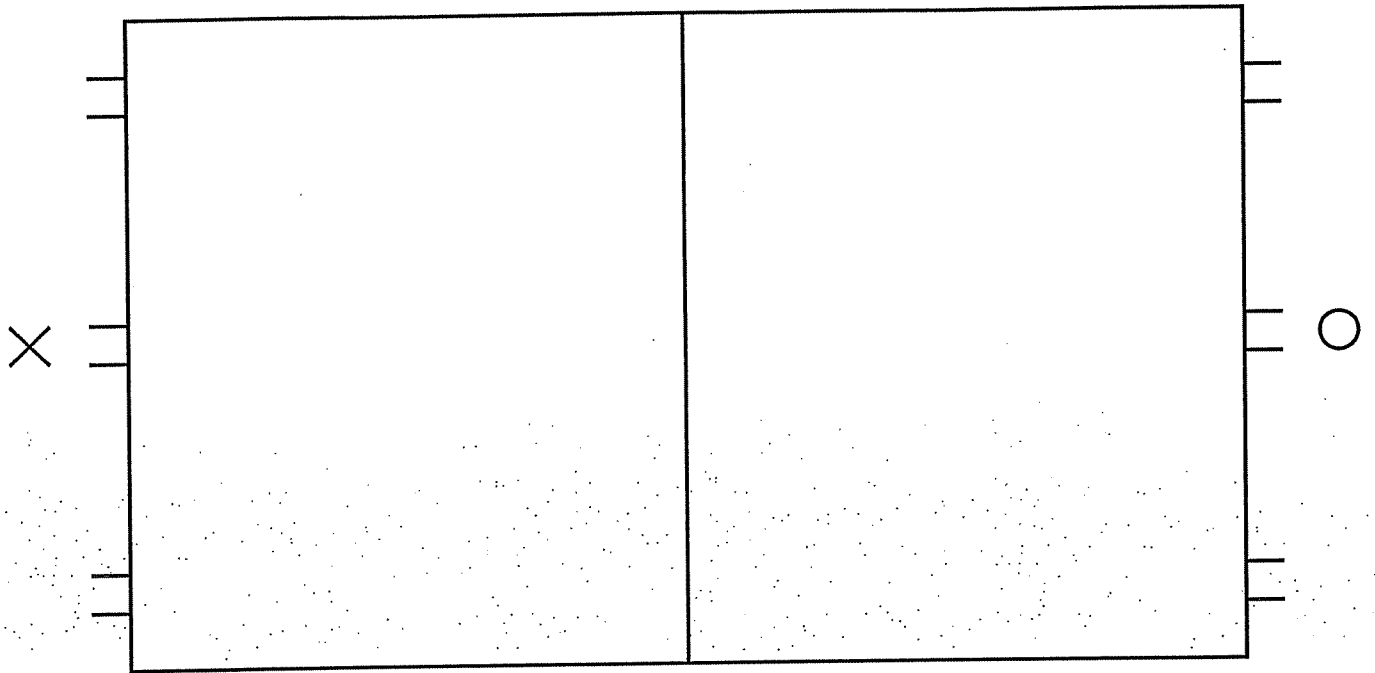
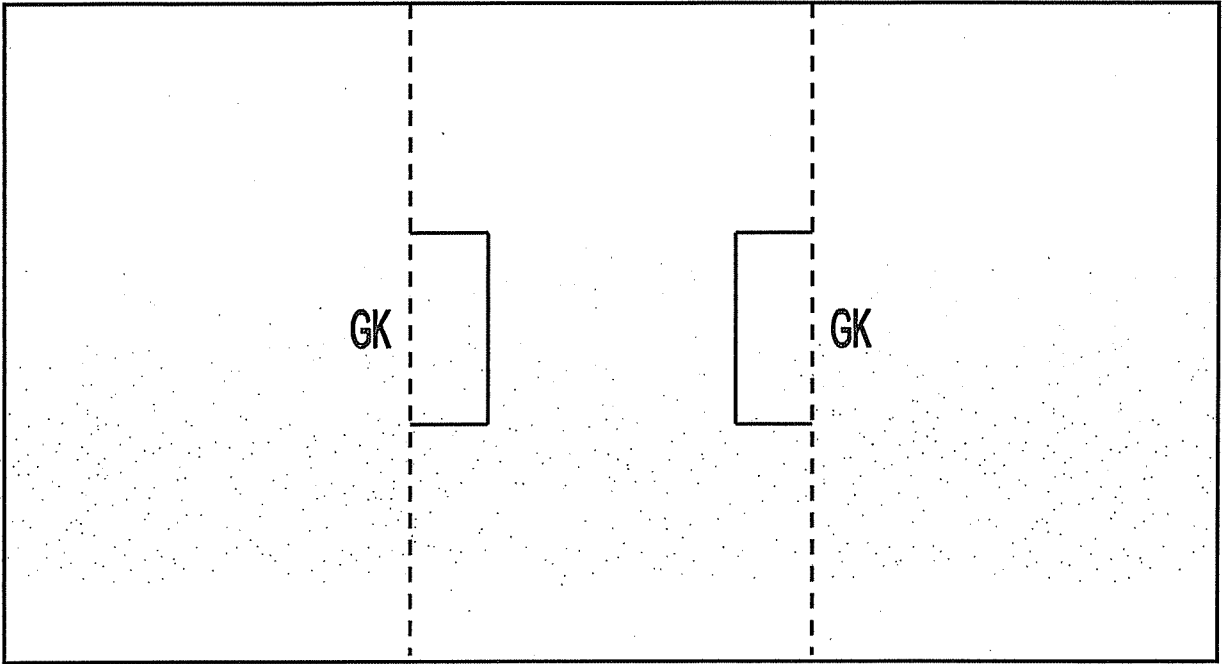


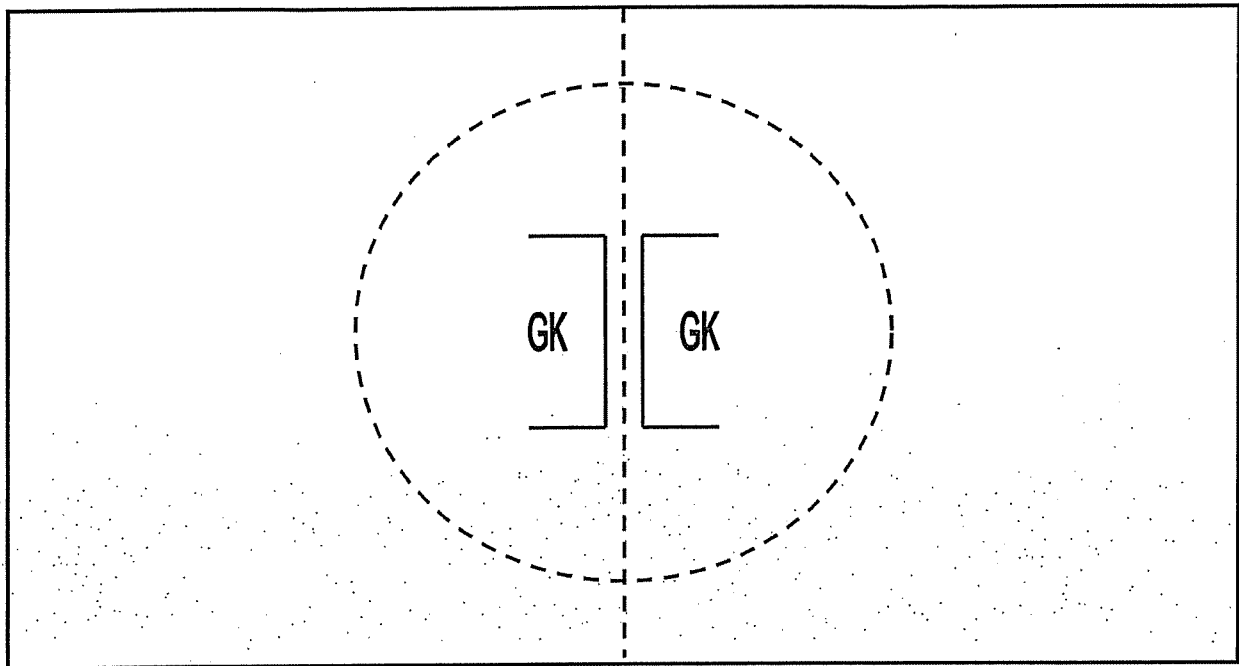
- 3 ZONES
- GOALS FACING EACH OTHER
- CONDITION THE GOALKEEPERS TO DELIVER THE BALL INTO THE OPPOSITE END ZONE I.E. (A) → (A)
- VARIOUS CONDITIONS ON THE OUTFIELD PLAYERS.



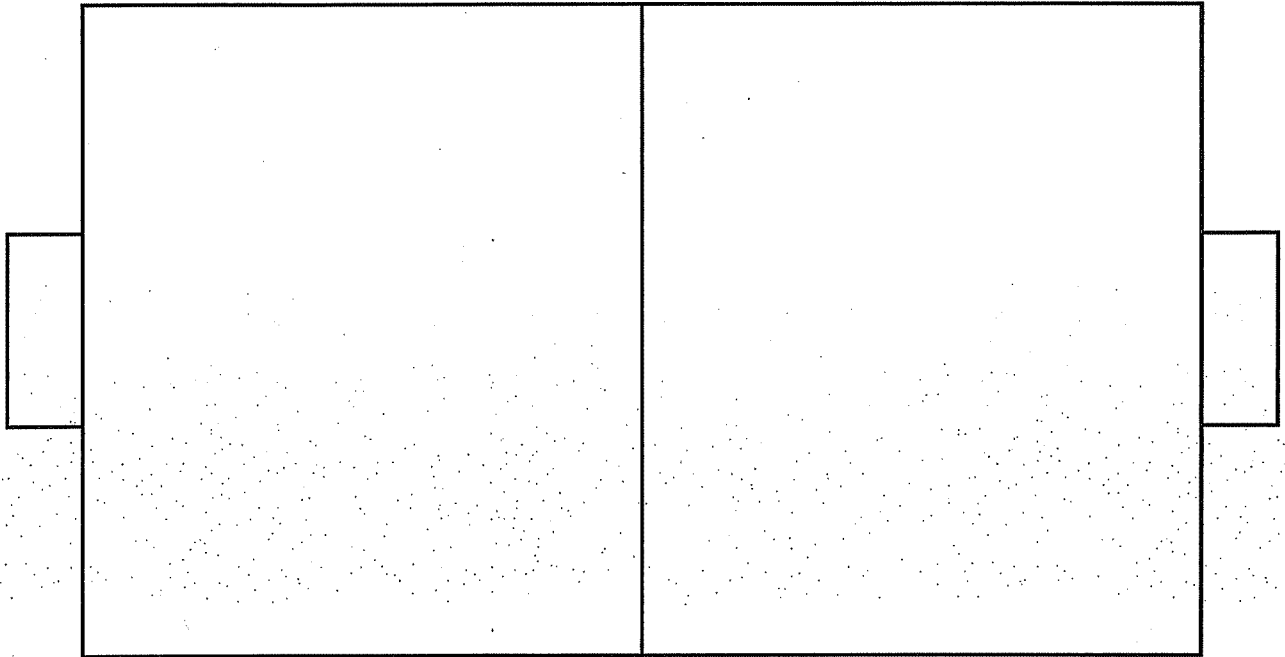
- SSG WITHOUT GOALS OR GOALKEEPERS
- CONDITION THE PLAYERS ON TOUCHES ETC.
- VARY THE WAY OF SCORING



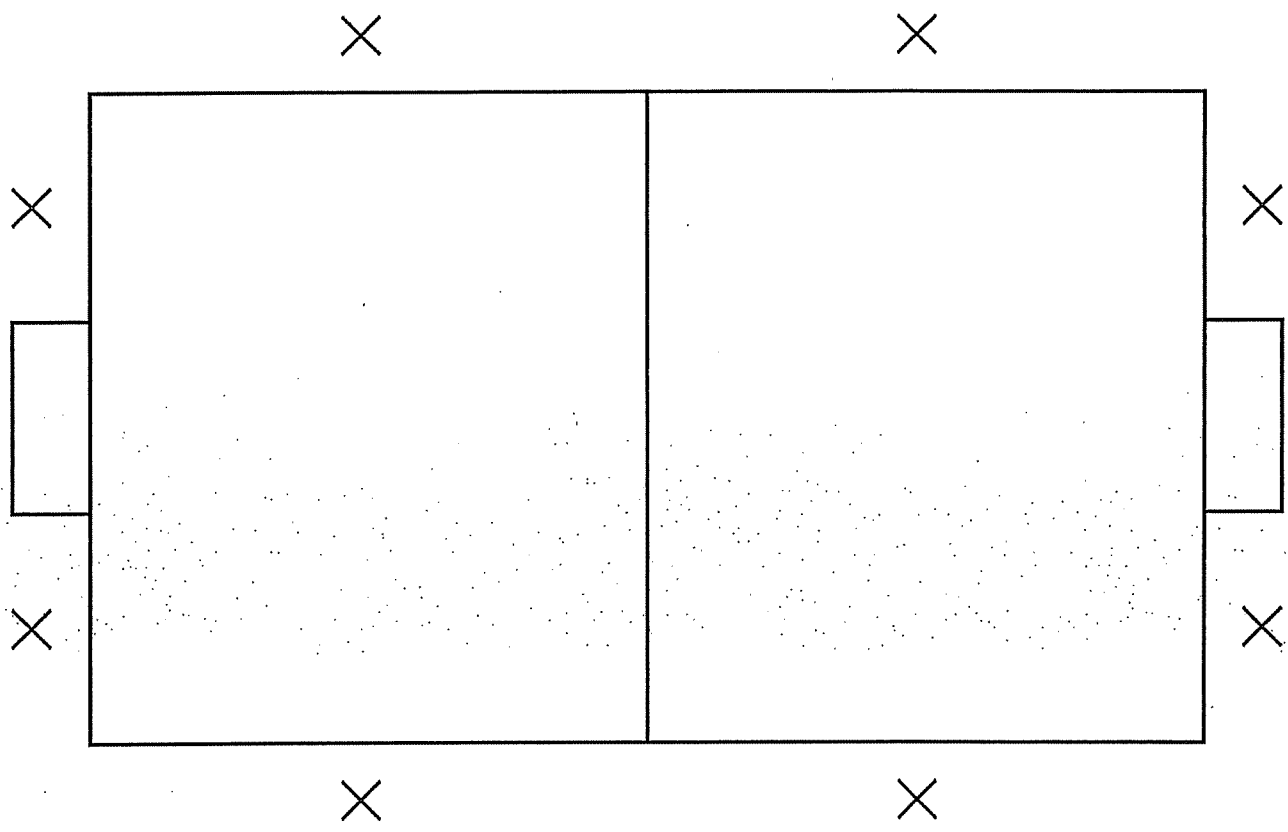
- **3 ZONES**
- **'BACK TO BACK' GOALS**
- **USE THE ZONES TO APPLY A VARIETY OF CONDITIONS**
- **USE THE GAME TO IMPROVE FITNESS**



- **'BACK TO BACK' GOALS**
- **CIRCLE AROUND GOALS**
- **VARY THE WAYS GOALS CAN BE SCORED**
- **CONDITION THE GOALKEEPERS**



- **STANDARD SSG PITCH**
- **CONDITION THE NUMBER OF TOUCHES**
- **USE THE HALF WAY LINE**
- **MAN-TO-MAN GAME**



- USE SOME OF THE PLAYERS OFF THE PITCH
- CONDITIONS APPLIED TO THOSE ON AND OFF THE PLAYING AREA
- CONDITION THE GOALKEEPERS