Norfolk County FA Young Leader & Ambassador

Name: Lewis Plowman

How I got into football: Being a keen player I wanted to get involved in the coaching side of things. At the age of 14 I began doing volunteer coaching at *Norwich City Football in the Community*. From that I gained valuable experience and progressed to a part-time job whilst I was still at school at the age of 16.

As soon as I left school after my GCSEs I started at a Youth Training coach at the company; coaching on a daily basis – something I find extremely enjoyable!

What I have achieved through the Norfolk County FA/FA young leadership programme:

My first involvement with the Norfolk County FA was attending the Junior Football Organisers Course. From this course I was asked to attend the Norfolk FA County young leaders Camp along with 20 other young leaders from the area.

The following year I was fortunate enough to be selected to represesent Norfolk at the FA National Leadership and Volunteering Camp 2010 (now known as the FA National 'Football Futures' Programme). This was an unbelievable experience which I learnt a lot from; allowing me to meet new people and have an overall enjoyable learning experience.

From the National Camp I was chosen to be part of the Management Team for the following years camp. This involves planning, preparing and helping to deliver the camp for the 100+ young leaders who will attend in 2011.

In addition to the management team I was offered a coach scholarship. This involves me having my own FA mentor who helps me along the way in my progression as a coach, as well as a grant to pay for any courses I feel will help to aid my personal development.